



Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2021

- Legend:**
 AR – Activity Room
 BR – Bistro
 CH – Chapel
 CK – Country Kitchen
 CY – Courtyard
 DR – Dining Room
 LB – Lobby
 TH – Theatre

<p>Legend: AR – Activity Room BR – Bistro CH – Chapel CK – Country Kitchen CY – Courtyard DR – Dining Room LB – Lobby TH – Theatre</p>				<p><u>Wear Red</u> 1 9:30am Activity sign up (Victoria's desk) 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 3:00pm Canada Day Celebration with Waltzing Matilda's (DR) 6:30pm Men's Coffee Group (AR)</p> <p>Canada Day</p>	<p>2 10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Sage Hills Walmart (LB) 3:00pm Happy Hour (DR)</p>	<p>3 1:30pm Interdenominational Service with De-Anne #1 (CH) 2:30pm Interdenominational Service with De-Anne #2 (CH)</p>
<p>4 1:30pm Card Bingo (AR)</p> <p>Independence Day (US)</p>	<p>5 10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (AR) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH)</p>	<p>6 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Trivia Night (AR)</p>	<p>7 8:00am Hot Breakfast (DR) 10:00am Chair Yoga with Jenny class #2 (AR) 10:00am Gardening Drop In (CY) 2:00pm Kitchen Confessions with Chef Chris & Tanya (DR) 6:30pm Wii Games (TH)</p>	<p>8 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Men's Coffee Group (AR)</p>	<p><u>Wear your best western attire</u> 9 10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Sage Hill Dollarama (LB) 4:30 or 5:30pm Stampede BBQ (DR) 6:30pm Stampede celebration with Silence In B'tween DUO band (CY)</p>	<p>10 1:30pm Interdenominational Service with De-Anne #1 (CH) 2:30pm Interdenominational Service with De-Anne #2 (CH)</p>
<p>11 1:30pm Card Bingo (AR)</p>	<p>12 10:00am Chair Yoga with Jenny class #1 (AR) 1:30pm Craft Circle (AR) 6:30pm Bible Study with Bea (AR)</p>	<p>13 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Trivia Night (AR)</p>	<p>14 8:00am Hot Breakfast (DR) 10:00am Chair Yoga with Jenny class #2 (AR) 10:00am Bus outing to Ghost Lake for Boat trip & bagged lunch (LB) 10:00am Gardening Drop In (CY) 6:30pm Wii Games (TH)</p>	<p>15 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Men's Coffee Group (AR)</p>	<p>16 10:30am Rosary Group (CH) 1:00-4:00pm Personal Touch Clothing Racks (AR) 1:30pm Wii Games (TH) 1:30pm Bus outing to Sage Hills Walmart (LB) 3:00pm Happy Hour (DR) 6:30pm Virtual Jeopardy (TH)</p>	<p>17 1:30pm Interdenominational Service with De-Anne #1 (CH) 2:30pm Interdenominational Service with De-Anne #2 (CH)</p>
<p>18 1:30pm Card Bingo (AR)</p>	<p>19 10:00am Bus outing to Saskatoon Farm for lunch (LB) 1:30pm Craft Circle (AR) 2:30pm Ice Cream Treats (BR) 6:30pm Bible Study with Bea (CH)</p> <p>Cancelled 10:00am Chair Yoga with Jenny class #1 (AR)</p>	<p>20 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Trivia Night (AR)</p>	<p>21 8:00am Hot Breakfast (DR) 10:00am Gardening Drop In (CY) 1:30pm Coffee & Good News (CH) 6:30pm Wii Games (TH)</p> <p>Cancelled 10:00am Chair Yoga with Jenny class #1 (AR)</p>	<p>22 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Men's Coffee Group (DR)</p>	<p>23 10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Country Hills Michaels (LB) 3:00pm Happy Hour with Greg Rumpel (DR) 6:30pm Virtual Jeopardy (TH)</p>	<p>24 1:30pm Interdenominational Service with De-Anne #1 (CH) 2:30pm Interdenominational Service with De-Anne #2 (CH)</p>
<p>25 1:30pm Card Bingo (AR)</p> <p>World Day for Grandparents and the Elderly</p>	<p>26 1:30pm Craft Circle (AR) 6:30pm Bible Study with Bea (AR)</p> <p>Cancelled 10:00am Chair Yoga with Jenny class #1 (AR)</p>	<p>27 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 2:20pm Exercise class #3 (AR) 6:30pm Trivia Night (AR)</p>	<p>28 8:00am Hot Breakfast (DR) 10:00am Gardening Drop In (CY) 1:30pm Virtual Jeopardy (TH) 6:30pm Wii Games (TH)</p> <p>Cancelled 10:00am Chair Yoga with Jenny class #2 (AR)</p>	<p>29 10:00am Exercise class #1 (AR) 1:20pm Exercise class #2 (AR) 1:45pm Monthly Resident General Meeting (DR) 2:20pm Exercise class #3 (AR) 6:30pm Men's Coffee Group (AR)</p> <p>Cancelled Exercise classes</p>	<p>30 10:30am Rosary Group (CH) 1:30pm Wii Games (TH) 1:30pm Bus outing to Sage Hill Dollarama (LB) 3:00pm Happy Hour (DR)</p>	<p>31 1:30pm Interdenominational Service with De-Anne #1 (CH) 2:30pm Interdenominational Service with De-Anne #2 (CH)</p>

Please watch for posters for updates to calendar as Covid-19 risk is assessed.

